

Zeerak Haider

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OBJECTIVE: To gain admission into dental school.

Cumulative G.P.A.: 3.60

EDUCATION:

Bachelor of Science in Health Science Education, Anticipated May, 2008
CHES degree, Anticipated June, 2008
Department of Health Science Education
The University of Florida
Gainesville, Florida
Specialization: Health Studies
Eastside High School
Gainesville, Florida
Degree Earned: International Baccalaureate Diploma

Fluent in Urdu and English. Partially fluent in Spanish.

WORK EXPERIENCE:

Optical Technician JC Penney Optical (June 2004-January 2005) Gainesville, Florida

Responsibilities include assisting customers, making orders for glasses, checking in customers lenses, filing, inventory check-in, and making appointments for patients.

VOLUNTEER EXPERIENCE

Acorn Dental Clinic (July 2006)

Learned how to tear down and set up patient chairs, chart, and set up tools specific to each patient.

Shands Children's Hospital-Fluoride Project

(June 2006-current)

Project consists of educating patients about fluoride and having them fill out a form regarding their child's oral health. Also I create packets that consist of information about fluoride and the importance of using fluoride toothpaste. In the future I will have the opportunity to apply fluoride to babies' teeth.

Operative/ Oral and Maxillofacial/ Orthodontic/ Endodontic Department

Shands Hospital (June 2005)

Duties included assisting doctors in dental procedures, sterilization and setting of instruments for incoming patients, recording data on charts, watching surgeries, assisting patients, creating dental models and taking impressions. Seen wisdom teeth extraction, biopsy of foreign substance in palate of mouth, tooth extractions, fillings, dental checkups, root canal, and placing, aligning and removal of brackets/braces on patients.

Orthodontic Associates Dr.Cohen

(August 2004-current)

Learned about taking impressions, sterilization, setting of instruments, recording data on charts, organizing folders, and learning about how the oral cavity can be aligned.

Patricia Sullivan D.M.D

(August 2004- November 2004)

Observed, dental hygienist/mentor, Nancy Murphy in performing dental cleanings. Aided in developing panoramic x-rays, recording data in charts, creating impressions/models, sterilization and setting of instruments, educating patients about oral health.

RESEARCH:

UF College of Dentistry -Dr. Grimaudo (June 2006- current) -

Goal of research is to see the type of qualities patients prefer in a dentist and believe dentists should have. Currently I am assisting in data collection.

Community Dentistry and Behavioral Science Dr. Watson and Dr. Tomar (*January 2006- ongoing*)-Oral Cancer research and learned strategies of how to analyze data and finding literature reviews.

Research study under supervision of Dr. Dodd-(January 2006- May 2007)-

Can reading Barney goes to the dentist reduce dental anxiety in children aged 5-6yrs old?

Study conducted in MetCalfe Elementary School with 50 participants. Article will be written to be published in the Journal of Undergraduate Research.

LEADERSHIP POSITIONS:

Pakistani Student Association -

Fashion Show Director (January - March 2005)-

Organized a cultural fashion show that embodied the different regions of Pakistan. Fashion from main holiday celebrations such as Eid, Basant(spring festival), and marriage were included. Each sequence contained a separate theme and routine. Promotion of culture through fashion was the main purpose of this event.

Scavenger Hunt organizer (November 2004) –

Helped create the clues, and prize for winner. The prize was a trophy that I made by hand. Materials used were a mini human anatomical model, wood base and headboard side. The trophy looked like an Oscar award but covered in green glitter. Instead of naming the award the Oscar, the anatomical model was spray painted gold, and was called the Osman award. The color green, evident on the Pakistani flag, and the name Osman, both gave the award a Pakistani flair.

Pre-Dental mentor (August 2005- 2006)-

Mentored members interested in entering the dental field. I provided them with numerous sources and opportunities making their transition from high school to UF a pleasant one.

10th Annual Cultural show skit director and writer (March 2006)-

"Desi Fortune," a comedy skit about two Pakistani families. A game show that highlighted the differences between a modern Pakistani family against a Pakistani family from the Punjab region.

UF Pre-Dental Society-

Public relations officer (August 2004- January 2005)-

As public relations officer, duties included promoting and creating ways to attract members to the society. Before meetings, creative posters were printed out and placed throughout the university. Working with the American Student Dental Association to coordinate socials was among the activities as public relations officer.

Secretary (August 2005- March 2006) -

As secretary, I was responsible for taking minutes and creating the agenda. Furthermore, I ordered pamphlets from www.healthypeople.gov and gave them to the members. Introduced idea of organizing an event to inform about the anatomy of the oral cavity, process of digestion, and common procedures performed in dental field.

Vice-President (March 2006- December 2006)-

As vice-president I was responsible for organizing meetings and assisting the president in tasks. Tasks included but were not limited to: bringing in speakers, writing letters to local businesses for donations, and taking responsibility when the president was unable to attend an event. Currently I am organizing a health education program called "Read for Smiles." This service project will involve Pre-Dental Society members taking a reading package that will include a book "Curious George goes to the Dentist," and smile materials such as toothbrushes, toothpaste, coloring sheets and an evaluation form to be completed by the teacher. After the student is done reading the story to the classroom, the book will be donated and the teacher will fill out an evaluation form regarding the effectiveness of the program. Idea for this program has been adapted from the Florida Department of Health "Read for Health" program.

President (January 2007-current)-

As president headed the organization and set up topics for each organization. This was the most challenging position I have held in this organization. I have learned a lot from this position and acquired numerous leadership skills. Also a portfolio was created and given to the sponsor, Dr.Sposetti. The portfolio has all events, speakers, and contributions of the executive board members. The idea for this portfolio came when I realized that for the upcoming Dental executive board and to keep the organization at a standard level the documentation of each event was necessary.

Islam On campus-

Ramadan Fast-a-thon Volunteer (October 2006)-

Public relations and decorations committee member Informed and served students that participated in the fundraiser.

Islamic Sunday School Volunteer (August 2006-current)-

I assist in teaching a class of twelve students about Islam. Currently I am learning on how to create activities for the children to actively engage in and enjoy learning about Islam.

Radiant Hands Art show participant (January 2007)

I painted art pieces and donated them to the show. This fundraiser raised money for the Radiant hands organization. This organization empowers women in the North-Central Florida area by providing them with spiritual, emotional, and financial support with the goal of helping them achieve independence in mind.

HONORS, AWARDS, AND RECOGNITIONS

UF College of Health and Human Performance Dean's List (Fall 2006)

UF College of Agricultural and Life Sciences Dean's List (Fall 2004 and Spring 2005)

Pakistani Students Association Volunteer of the Year Award (2006)

Pakistani Students Association Most Creative Member Award (2006)

Pakistani Students Association Most humorous member Award (2005)

Eastside High school First International Baccalaureate Student Award (2004)

Eastside High school Principal's list (2000-2004)