

MEREDITH MARIE KEPPEL

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OBJECTIVE

To obtain an internship position focusing on health education and behavior, that utilizes my knowledge about chronic diseases, highlights my leadership and organization, and allows me to gain valuable clinical experience in the health care setting.

EDUCATION

Bachelor of Science in Health Education

Anticipated December 2010

University of Florida, Gainesville, Florida

Specialization: Health Studies

Current GPA: 3.76/4.00, Upper Division GPA: 3.91/4.0

HEALTH EDUCATION AND SCIENCE COURSEWORK

Foundations of Health Education, Health and Medical Terminology, General Chemistry I & II with Labs, Biology I & II with Labs, Organic Chemistry I, Human Nutrition, Nutrition through the Life Cycle, Human Anatomy with Lab, Human Physiology with Lab, Exercise Therapy, Adapted Physical Activity and Health, Environmental and Behavioral Determinants of Obesity, Women's Health Issues, Emotional Health Education, Human Sexuality Education, Sociology, General Psychology, Abnormal Psychology, Physiological Psychology, Calculus, Statistics, Physics I

EMPLOYMENT

Certified Nursing Assistant

Comfort Keepers

Gainesville, FL

January 2010-present

Duties:

- Provided patient care to my clients such as bathing, dressing, toileting, oral feeding and repositioning
- Provided assistance with passive range of motion exercises and took vitals
- Performed light housekeeping tasks such as sweeping, dusting, laundry, and meal preparation
- Provided medication reminders and assist with errands for clients
- Provided companionship for clients
- Have experience working with patients suffering from Alzheimer's and Parkinson's Disease

Pharmacy Technician

Shands Teaching Hospital

Gainesville, FL

May 2008- September 2008

Duties:

- Developed interpersonal skills with the nurses and staff
- Prepared STAT IV's
- Developed valuable computer skills and enhanced my software knowledge
- Delivered and filled medications for patients

Grader, Tutor, and Receptionist

Kumon Math and Reading Center at the Lakes

Lutz, Florida

May 2006-August 2007

Duties:

- Provided educational enrichment to the students through tutoring, work sheets and flash cards
- Evaluated the students' course work and provided feedback and assistance when needed
- Developed interpersonal relationships with the other staff members
- Developed and displayed customer service to the students and their families
- Collected and recorded monthly tuition payments from each family

PROFESSIONAL EXPERIENCE

Health Educator

ATTAC-IT- (AHEC) Tobacco Training and Cessation Program Applied Learning Day

Westwood Middle School: Grade 6, 8

Gainesville, FL 32605-5097

October 23, 2009

Duties:

- Facilitated five 50-minute lesson plans to middle school students
- Promoted healthy attitudes and behaviors regarding tobacco cessation
- Served as agents of social change to reduce tobacco use and prevent initiation
- Encouraged active participation from all students and provided a safe environment

Shadow Opportunities

Medical Services-Hospitalist: Michael Slaughter PA-C

Pathology: Marianne Azneer PA-C

Interventional Radiology: Sam Armenia PA-C and Mark Martin PA-C

Emergency Medicine: Brian Ames PA-C

Facilities: St. Joseph's Hospital in Tampa, Florida and VA Hospital in Gainesville, Florida

July 2009- Present

Observed the Physician Assistants

- Perform procedures such as bone marrow biopsy, lumbar punctures, angiograms, embolizations, suture lacerations, start IVs
- Take patient histories and physicals and acquire patient consent for procedures
- Perform physical exams
- Prescribe proper diagnoses, treatment, and medications
- Order and analyze tests

Activities Assistant

Baldomero- Lopez State Veterans Nursing Home

Land O' Lakes, Fl

December 2006-May 2007

Duties:

- Performed cognitive and sensory stimulating activities with the residents
- Developed a wonderful relationship with the resident
- Served as a companion to the residents

CERTIFICATIONS

Certified Nursing Assistant, State of Florida (# 191966) Expires 12/31/2010

CPR-Adult, Child, Infant – Expires 02/06/2011

AED-Adult and Child- Expires 02/06/2011

First Aid- Expires 02/06/2013

TECHNICAL SKILLS

Microsoft Word, Microsoft Office, Xerox Machine, Fax Machine, Microsoft Power point, Adobe Photoshop

CAMPUS LEADERSHIP

Volunteer , After School Gators at Lake Forest Elementary School	Fall 2009
Volunteer , Shands Teaching Hospital, Interventional Radiology	Fall 2009
Volunteer , Camp Boggy Creek	Fall 2009
Member , Student Helmet Awareness Campaign, University of Florida	Fall 2009
Member , Mentor-Mentee Program, College of Health and Human Performance	Fall 2009
Educator , World AIDS Day Education Sessions	Fall 2009
Member , Florida Alternative Breaks- Youth Empowerment through Sports	Spring 2009
Member , Florida Alternative Breaks-Public Health	Spring 2008

PROFESSIONAL MEMBERSHIPS

Eta Sigma Gamma, National Health Education Honorary

Phi Eta Sigma, National Honor Society for First-Year College Students

Golden Key, International Honor Society

Delta Epsilon Iota, Academic Honor Society

HONORS AND AWARDS

Honoree, Dean's List, College of Health and Human Performance, University of Florida
Spring 2009

References available upon request

