

GAINESVILLE FLORIDA'S FINEST

# ONE DAY OLD

## ONE DAY OLD



- Steady play on local Gainesville radio station Rock 104 and interviews on 100.5 The Buzz.
- Opening act for various national touring acts
- Performed at headlining Real Yellow Pages Stage at Sunfest in West Palm Beach
- Accepted in and showcased various music conferences
- Established following in various Florida cities
- Voted one of the best Gainesville bands by The Alligator newspaper
- Supported by the independent record label Shnarler Records

## ABOUT ONE DAY OLD

One Day Old is a musical alliance. It is a bond held by friends and firmly fastened in place by an overall love of music. Hailing from the small college town of Gainesville, Florida, known more for its mayhem than its melody, One Day Old is steadily emerging as a force with which to be reckoned. Composed of four equally talented and motivated friends, this melodious entourage is poised to take their music to an entirely new level. With influences running the gamut from Matchbox Twenty to Incubus to Blink 182, One Day Old is a band armed with both a rock mentality and a pop sensibility.

Since their inception in early 2002, One Day Old began playing shows incessantly throughout the Gainesville area. In no time at all, their music had been aired on the top three Gainesville-based radio stations. Shortly thereafter, they were picked up by internet-based record company Shnarler Records ([www.shnarler.com](http://www.shnarler.com)). In a joint effort with Shnarler Records and Jaehdawg Productions, One Day Old released their first EP, *Stepping Stones* to rave reviews in early 2004. A steady stream of shows throughout the state of Florida followed in support of *Stepping Stones*. As part of their touring, One Day Old has been invited to the Florida Music and Law Conference and Sunfest, the nation's largest waterfront arts and music festival. They have also been so privileged as to share the stage with MTV vixen Stacie Orrico and radio rockers Dexter Freebish.

At the crux of what makes One Day Old who they are, is the music. From searing guitars, to intricate drumming, to introspective lyrics, One Day Old does it all. "We don't limit ourselves to one particular type of songwriting", says lead singer Jon Aleman, "We just create what we're feeling at that particular moment. I think that's what music is supposed to be... free of boundaries". And nowhere else is that more prevalent than at their live shows. From the moment that One Day Old takes the stage, it is clear that their goal is to make an immediate connection with the audience. To see them interact with the crowd as well as with each other is to see in action the brotherhood that has been forged between them. It is clear that One Day Old is bound to stand the test of time. With the release of their new EP, *Stepping Stones*, One Day Old continues to play shows and win fans the only way they know how... one at a time.

[www.onedayold.com](http://www.onedayold.com)

## ONE DAY OLD



jon aleman - guitar / vocals



kevin sauter - drums

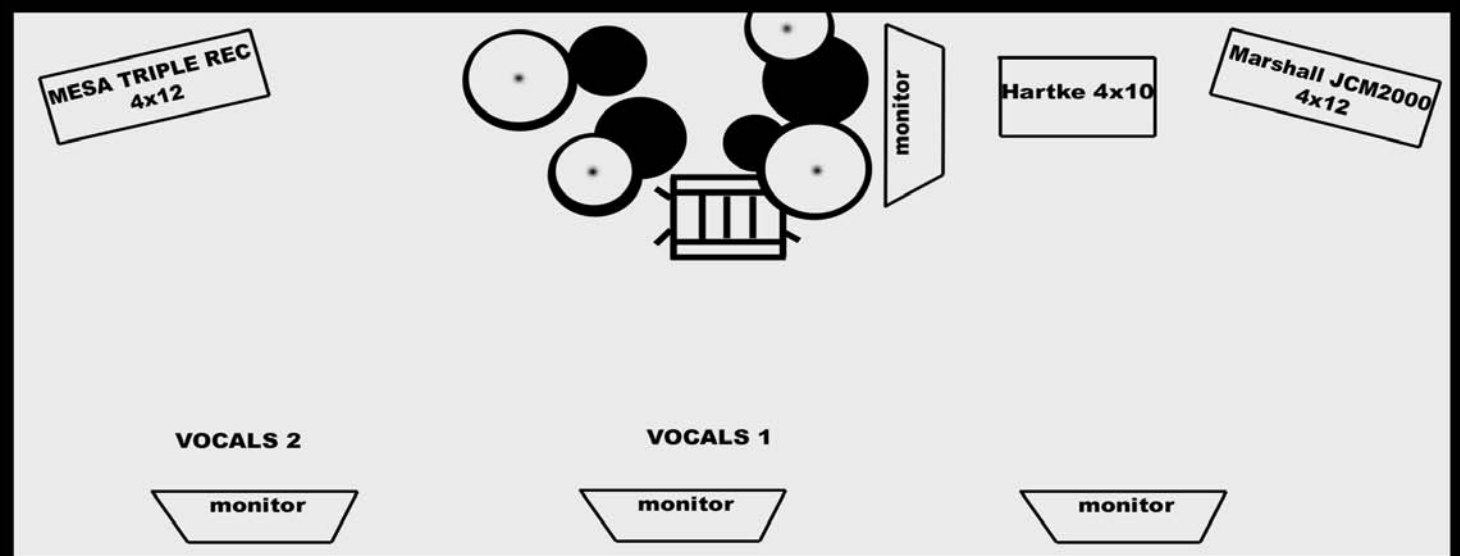


matt jaeh - guitar / vocals



anthony magdon - bass

## STAGE PLOT



## BASIC REQUIREMENTS

**Stage Size** - Adequate stage size to accommodate the four members of One Day Old as well as their respective instruments and equipment, which includes but is not limited to guitar stands, guitar amps (2), bass amp, and drum kit.

**Input Channels required:**

- 2 vocals
- 2 Electric Guitar Amps
- 1 Bass Mic and/or DI
- 1 Kick Drum
- 1 Snare
- 3 Toms
- 1 Hi-Hat

**Preferred Channel Setup:**

- See above +:  
2 Overhead mics

**Venue preferably provides:**

- PA and mixing console with minimum 16 channels.
- all necessary mic stands/clips
- minimum 2 stage monitors